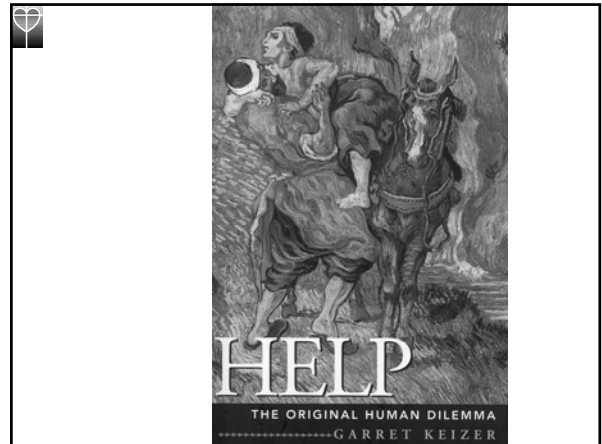





Parish Health Ministry
**Caring for Body & Soul:
 Healing the Whole Person**


10-12 November 2005
 Mark Vitalis Hoffman

**Session 3
 You've Been a Big Help**

You've Been a Big Help


- 1. *Helping Can Be Easy***
- 2. *Helping Can Be Hard***
- 3. *Helpers Who Need Help***
- 4. *Helping When It's Helpless***
- 5. *Parish Nurses: The Helper's Helper***



1: Helping Can Be Easy

Our need for help is signified anatomically by the fact that none of us can see and few of us can reach every place on our own bodies.


Keizer, 130



1: Helping Can Be Easy

Mark 7:32-36

³² They brought to [Jesus] a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. ³³ He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. ³⁴ Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." ³⁵ And immediately his ears were opened, his tongue was released, and he spoke plainly.



1: Helping Can Be Easy

Earthquakes, Hurricanes and Floods, oh my! (Part 1)
 The Clarity of Helping

Saving a Life Can Be Easy
 Just Doing My Duty



1: Helping Can Be Easy

*"Ask not what you can do for your country"—
just do what you can.*

Keizer, 245



2: Helping Can Be Hard

*A few screams evoke in us deep anxiety
and a desire to help.*

*Hours of screaming without end
lead us only to wish that
the screamer would shut up.*

Bruno Bettelhem cited by Keizer, 51



2: Helping Can Be Hard

Luke 17:11-19 - The Ten Lepers

"Jesus, Master, have mercy on us!"

If you want gratitude, get a dog.



2: Helping Can Be Hard

Earthquakes, Hurricanes and Floods, oh my! (Part 2)
Survival of the Fittest? / The Fatigue of Helping

A Clean Getaway:
Helping the Neighbor at the Expense of the Neighborhood

Friedman's Fables – "The Bridge"
Response and Responsibility

Hey, Gramps
Keeping It Personal



3: Helpers Who Need Help

*Help can sometimes be so burdensome
that it amounts to the main thing
we want help with.*

Keizer, 7



3: Helpers Who Need Help

Job and His Friends : Jesus and His Disciples
Just Be Quiet and Listen or The Virtue of Presence

Sister Parish
Not Helping But Being and Being Helped



3: Helpers Who Need Help

Mrs. Denning

When the Helpee Becomes the Helper

The primary moral advantage of the privileged is that for them "help" is a verb... When you are poor, however, "help" is a noun, and you are a direct object . . . basically a noun on welfare.

Keizer



3: Helpers Who Need Help

*In the land of litigation,
the good Samaritan is our euphemism
for a poor sap.*

Keizer, 118



4: Helping When It's Helpless

*The mentor who tells us
we are beyond his help
is also helping.*

Keizer, 57



4: Helping When It's Helpless

John 12:1-8 – The Anointing of Jesus

The Grace of Being Helped



4: Helping When It's Helpless

Ideally, help is an attempt to lessen the differences in fortune between the person assisting and the one assisted. It is an attempt to bring two levels of well-being into greater proximity and two persons into something like a reciprocal relationship.

Keizer, 68



4: Helping When It's Helpless

Hospice: The Gate of Heaven – Genesis 28.10-18

Death may be the only human accomplishment for which help is never required. Keizer, 137

Of all the many paradoxes of help, this may be the most profound: that people at the mortal extremity of helplessness are able to help us in a way that no one else can. Keizer, 141

4: Helping When It's Helpless

Even where I have proved
to be less than helpful,
I have served to remind you
that you are not helpless.

Keizer, 136

**5: Parish Nurses:
The Helper's Helper**

*A good nurse is a helper's helper, in the way
we once spoke of a man's man...
She helps the doctor,
and she helps the patient.
Sometimes she helps the patient to be
independent of the doctor.*

Keizer, 127


**5: Parish Nurses:
The Helper's Helper**

Mark 10:46-52
⁴⁶ They came to Jericho. As he and his disciples and a large crowd were leaving Jericho, Bartimaeus son of Timaeus, a blind beggar, was sitting by the roadside. ⁴⁷ When he heard that it was Jesus of Nazareth, he began to shout out and say, "Jesus, Son of David, have mercy on me!" ⁴⁸ Many sternly ordered him to be quiet, but he cried out even more loudly, "Son of David, have mercy on me!" ⁴⁹ Jesus stood still and said, "Call him here." And they called the blind man, saying to him, "Take heart; get up, he is calling you." ⁵⁰ So throwing off his cloak, he sprang up and came to Jesus. ⁵¹ Then Jesus said to him, "What do you want me to do for you?" The blind man said to him, "My teacher, let me see again." ⁵² Jesus said to him, "Go; your faith has made you well." Immediately he regained his sight and followed him on the way.

**5: Parish Nurses:
The Helper's Helper**

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- Helping can be easy
- Helping can be hard
- Helping can change the helper
- Helping is 'doing' but it is also 'being'—being present and being related

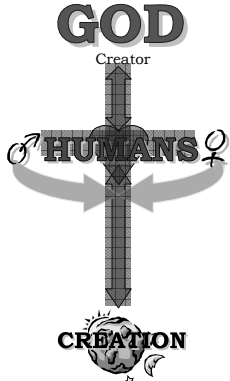


Ros... Gospel - 6th Century
http://...

What Is Needed?

Reconciliation
Peace
Healing
Wholeness

We are going to need some help here...





You've
Been a Big
Help

